

**January-June 2015**  
**Foundations Training**  
**Sessions 1 – 8**



For New Foster, Relative & Adoptive Caregivers  
Updated 11/7/2014

**You must meet with a Foster Certifier or Adoption Worker and be instructed to attend Foundations Training before attending these classes. Each parenting caregiver in your home must attend one of each Foundations session.**

**If DHS has emergency placed children in your home, you must attend “Foundations 1: System Orientation” within 30 days of placement.**

**You MUST PRE-REGISTER for each session of the Foundations series. If you just SHOW UP, and we have a fully registered session, you will NOT be able to stay.**

***Sorry, we are unable to provide Child Care for classes.  
Children may not attend classes due to class size and inappropriate content.***

**LOCATION:**

**Metro Training Center  
1245 SE 122<sup>nd</sup> Ave., North Building, Entry A  
Portland, OR97233**

**TIMES:**

**9am to 12pm      Morning Sessions  
1pm to 4pm        Afternoon Sessions  
6pm to 9pm        Evening Sessions**

**REGISTRATION & QUESTIONS:**

***Call Metro Training Line at 971-673-1822 ext. 1***

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**Please attend “Foundations 1: System Orientation” first.** Attending training sessions in sequential order is recommended, but not required. We’ll keep track of your attendance in a common database.

## Foundations Sessions 1 – 8

### **Foundations 1: System Orientation**

<b>January 3</b>	<i>Saturday Morning</i>	<b>April 11</b>	<i>Saturday Morning</i>
<b>January 13</b>	Tuesday Evening	<b>April 14</b>	Tuesday Evening
<b>January 27</b>	Tuesday Evening	<b>April 28</b>	Tuesday Evening
<b>February 7</b>	<i>Saturday Morning</i>	<b>May 2</b>	<i>Saturday Morning</i>
<b>February 10</b>	Tuesday Evening	<b>May 5</b>	Tuesday Evening
<b>February 24</b>	Tuesday Evening	<b>May 19</b>	Tuesday Evening
<b>March 7</b>	<i>Saturday Morning</i>	<b>June 6</b>	<i>Saturday Morning</i>
<b>March 10</b>	Tuesday Evening	<b>June 16</b>	Tuesday Evening
<b>March 24</b>	Tuesday Evening	<b>June 30</b>	Tuesday Evening

### **Foundations 2: The Importance of Birth Families**

<b>January 5</b>	Monday Evening	<b>April 16</b>	Thursday Evening
<b>January 29</b>	Thursday Evening	<b>June 8</b>	Monday Evening
<b>February 7</b>	<i>Saturday Afternoon</i>	<b>June 18</b>	Thursday Evening
<b>March 23</b>	Monday Evening		

### **Foundations 3: Child Development and the Impact of Abuse**

<b>January 12</b>	Monday Evening	<b>April 23</b>	Thursday Evening
<b>February 5</b>	Thursday Evening	<b>June 15</b>	Monday Evening
<b>March 21</b>	<i>Saturday Morning</i>	<b>June 25</b>	Thursday Evening
<b>March 30</b>	Monday Evening		

### **Foundations 4: Sexual Abuse**

<b>January 26</b>	Monday Evening	<b>April 6</b>	Monday Evening
<b>February 12</b>	Thursday Evening	<b>April 30</b>	Thursday Evening
<b>March 21</b>	<i>Saturday Afternoon</i>	<b>June 22</b>	Monday Evening

### **Foundations 5: Behavior Management**

<b>February 2</b>	Monday Evening	<b>April 25</b>	<i>Saturday Morning</i>
<b>February 19</b>	Thursday Evening	<b>May 7</b>	Thursday Evening
<b>April 13</b>	Monday Evening	<b>June 29</b>	Monday Evening

*Foundations Sessions 1 – 8 (continued)*

**Foundations 6: Valuing the Child's Heritage**

<b>February 9</b>	Monday Evening	<b>April 25</b>	<i>Saturday Afternoon</i>
<b>February 26</b>	Thursday Evening	<b>May 14</b>	Thursday Evening
<b>April 20</b>	Monday Evening		

**Foundations 7: Working with the Child's Family**

<b>February 23</b>	Monday Evening	<b>May 16</b>	<i>Saturday Morning</i>
<b>March 5</b>	Thursday Evening	<b>May 21</b>	Thursday Evening
<b>April 27</b>	Monday Evening		

**Foundations 8: Next Steps for Foster and Adoptive Caregivers**

<b>March 2</b>	Monday Evening	<b>May 16</b>	<i>Saturday Afternoon</i>
<b>March 12</b>	Thursday Evening	<b>May 28</b>	Thursday Evening
<b>May 4</b>	Monday Evening		