

# January-June 2016 Foundations Training Sessions 1 – 8



For New Foster, Relative & Adoptive Caregivers  
Updated 11/17/15

**You must meet with a Foster Certifier or Adoption Worker and be instructed to attend Foundations Training before attending these classes. Each parenting caregiver in your home must attend one of each Foundations session.**

**If DHS has emergency placed children in your home, you must attend “Foundations 1: System Orientation” within 30 days of placement.**

**You MUST PRE-REGISTER for each session of the Foundations series. If you just SHOW UP, and we have a fully registered session, you will NOT be able to stay.**

***Child care is now available for System Orientation!! (see next page)  
Sorry, we are unable to provide child care for other classes at this time  
Children may not attend classes due to class size and inappropriate content***

## **LOCATION:**

**Metro Training Center  
1245 SE 122<sup>nd</sup> Ave., North Building, Entry A  
Portland, OR 97233**

## **TIMES:**

**9am to 12pm      Morning Sessions  
1pm to 4pm      Afternoon Sessions  
6pm to 9pm      Evening Sessions**

## **REGISTRATION & QUESTIONS:**

**Call Metro Training Line at 971-673-1822 ext. 1**

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**Please attend “Foundations 1: System Orientation” first.** Attending training sessions in sequential order is recommended, but not required. We’ll keep track of your attendance in a common database.

## Foundations Sessions 1 – 8

### **Foundations 1: System Orientation\*\***

January 9	Saturday Morning	April 2	Saturday Morning
January 12	Tuesday Evening	April 12	Tuesday Evening
January 26	Tuesday Evening	April 26	Tuesday Evening
February 6	Saturday Morning	May 7	Saturday Morning
February 9	Tuesday Evening	May 10	Tuesday Evening
February 23	Tuesday Evening	May 24	Tuesday Evening
March 5	Saturday Morning	June 4	Saturday Morning
March 8	Tuesday Evening	June 7	Tuesday Evening
March 22	Tuesday Evening	June 21	Tuesday Evening

**\*\*As of January 1st there will be child care available FOR THIS CLASS ONLY. You must request child care when you register to ensure there is appropriate supervision for your child(ren). This is subject to change at any time.**

### **Foundations 2: The Importance of Birth Families**

January 4	Monday Evening	April 14	Thursday Evening
February 6	Saturday Afternoon	May 9	Monday Evening
February 11	Thursday Evening	June 16	Thursday Evening
March 14	Monday Evening		

### **Foundations 3: Child Development and the Impact of Abuse**

January 11	Monday Evening	April 21	Thursday Evening
February 18	Thursday Evening	May 16	Monday Evening
March 19	Saturday Morning	June 23	Thursday Evening
March 21	Monday Evening		

### **Foundations 4: Sexual Abuse**

January 25	Monday Evening	April 28	Thursday Evening
February 25	Thursday Evening	May 23	Monday Evening
March 19	Saturday Afternoon	June 30	Thursday Evening
March 28	Monday Evening		

### **Foundations 5: Behavior Management**

January 7	Thursday Evening	April 4	Monday Evening
February 1	Monday Evening	April 30	Saturday Morning
March 3	Thursday Evening	May 5	Thursday Evening

## *Foundations Sessions 1 – 8 (continued)*

### **Foundations 6: Valuing the Child's Heritage**

<b>January 14</b>	<i>Thursday Evening</i>	<b>April 30</b>	<i>Saturday Afternoon</i>
<b>February 8</b>	<i>Monday Evening</i>	<b>May 12</b>	<i>Monday Evening</i>
<b>March 10</b>	<i>Thursday Evening</i>	<b>June 13</b>	<i>Thursday Evening</i>
<b>April 11</b>	<i>Monday Afternoon</i>		

### **Foundations 7: Working with the Child's Family**

<b>January 21</b>	<i>Thursday Evening</i>	<b>May 14</b>	<i>Saturday Morning</i>
<b>February 22</b>	<i>Monday Evening</i>	<b>May 19</b>	<i>Thursday Evening</i>
<b>March 17</b>	<i>Thursday Evening</i>	<b>June 20</b>	<i>Monday Evening</i>
<b>April 18</b>	<i>Monday Evening</i>		

### **Foundations 8: Next Steps for Foster and Adoptive Caregivers**

<b>January 28</b>	<i>Thursday Evening</i>	<b>May 14</b>	<i>Saturday Afternoon</i>
<b>February 29</b>	<i>Monday Evening</i>	<b>May 26</b>	<i>Thursday Evening</i>
<b>March 24</b>	<i>Thursday Evening</i>	<b>June 27</b>	<i>Monday Evening</i>
<b>April 25</b>	<i>Monday Evening</i>		