

**July-December 2016  
Foundations Training  
Sessions 1 – 8**



For New Foster, Relative & Adoptive Caregivers  
Updated 5/3/16

You must meet with a Foster Certifier or Adoption Worker and be instructed to attend Foundations Training before attending these classes. Each parenting caregiver in your home must attend one of each Foundations session.

If DHS has emergency placed children in your home, you must attend “Foundations 1: System Orientation” within 30 days of placement.

You **MUST PRE-REGISTER** for each session of the Foundations series. If you just show up, and we have a fully registered class, you will **NOT** be able to stay. No admittance beyond the first 20 minutes of class.

*Child care is now available for System Orientation!! (see next page)  
Sorry, we are unable to provide child care for other classes at this time  
Children may not attend classes due to class size and inappropriate content*

**LOCATION**

Metro Training Center  
1245 SE 122<sup>nd</sup> Ave.  
North Building, Entry A  
Portland, Oregon 97233

**\*\*IMPORTANT INFORMATION**

The Metro Training Center is scheduled to move in September 2016. Please double check location then. More information coming soon!

**TIMES:**

9am to 12pm      Morning Sessions  
1pm to 4pm        Afternoon Sessions  
6pm to 9pm        Evening Sessions

**REGISTRATION & QUESTIONS:**

Call Metro Training Line at 971-673-1822 ext. 1

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Please attend “Foundations 1: System Orientation” first. Attending training sessions in sequential order is recommended, but not required. We’ll keep track of your attendance in a common database.

## Foundations Sessions 1 – 8

### **Foundations 1: System Orientation\*\***

July 9	Saturday Morning	October 1	Saturday Morning
July 12	Tuesday Evening	October 4	Tuesday Evening
July 26	Tuesday Evening	October 18	Tuesday Evening
August 6	Saturday Morning	November 5	Saturday Morning
August 9	Tuesday Evening	November 8	Tuesday Evening
August 23	Tuesday Evening	November 22	Tuesday Evening
September 10	Saturday Morning	December 3	Saturday Morning
September 13	Tuesday Evening	December 6	Tuesday Evening
September 27	Tuesday Evening	December 13	Tuesday Evening

**\*\*As of January 1st there will be child care available FOR THIS CLASS ONLY. You must request child care when you register to ensure there is appropriate supervision for your child(ren). This is subject to change at any time.**

### **Foundations 2: The Importance of Birth Families**

July 11	Monday Evening	September 12	Monday Evening
August 6	Saturday Afternoon	October 13	Thursday Evening
August 11	Thursday Evening	November 7	Monday Evening

### **Foundations 3: Child Development and the Impact of Abuse**

July 18	Monday Evening	September 19	Monday Evening
August 18	Thursday Evening	October 20	Thursday Evening
September 17	Saturday Morning	November 14	Monday Evening

### **Foundations 4: Sexual Abuse**

July 25	Monday Evening	September 26	Monday Evening
August 25	Thursday Evening	October 27	Thursday Evening
September 17	Saturday Afternoon	November 21	Monday Evening

### **Foundations 5: Behavior Management**

July 7	Thursday Evening	October 22	Saturday Morning
August 1	Monday Evening	November 3	Thursday Evening
September 1	Thursday Evening	November 28	Monday Evening
October 3	Monday Evening		

## *Foundations Sessions 1 – 8 (continued)*

### **Foundations 6: Valuing the Child's Heritage**

<b>July 14</b>	<i>Thursday Evening</i>	<b>October 22</b>	<i>Saturday Afternoon</i>
<b>August 8</b>	<i>Monday Evening</i>	<b>November 10</b>	<i>Thursday Evening</i>
<b>September 8</b>	<i>Thursday Evening</i>	<b>December 5</b>	<i>Monday Evening</i>
<b>October 10</b>	<i>Monday Evening</i>		

### **Foundations 7: Working with the Child's Family**

<b>July 21</b>	<i>Thursday Evening</i>	<b>November 12</b>	<i>Saturday Morning</i>
<b>August 15</b>	<i>Monday Evening</i>	<b>November 17</b>	<i>Thursday Evening</i>
<b>September 15</b>	<i>Thursday Evening</i>	<b>December 12</b>	<i>Monday Evening</i>
<b>October 17</b>	<i>Monday Evening</i>		

### **Foundations 8: Next Steps for Foster and Adoptive Caregivers**

<b>July 28</b>	<i>Thursday Evening</i>	<b>November 12</b>	<i>Saturday Afternoon</i>
<b>August 22</b>	<i>Monday Evening</i>	<b>December 1</b>	<i>Thursday Evening</i>
<b>September 22</b>	<i>Thursday Evening</i>	<b>December 19</b>	<i>Monday Evening</i>
<b>October 24</b>	<i>Monday Evening</i>		