

2015 Foundations Training for Caregivers

DHS CHILD WELFARE / TIMBER RIDGE ROOM

1040 HARLOW RD., SPRINGFIELD, OR

Required Foundation Classes – All General Applicants must begin with Session 1

- **Session 1** – Introduction to Foundations / **Orientation** – 3 hours
- **Session 2** – Importance of Birth Families– 3 hours
- **Session 3**– Child Development and the Impact of Abuse– 3 hours
- **Session 4** – Sexual Abuse– 3 hours
- **Session 5** – Behavior Management– 3 hours
- **Session 6** – Valuing the Child’s Heritage– 3 hours
- **Session 7** – Families Together – 3 hours
- **Session 8** – Next Steps for Providers – 3 hours

SLAM! It’s all sessions, done in order, over 3 days. Register for the entire SLAM or only for the Sessions you missed on Tues/ Thursday. You may mix the Tues/ Thursday classes with Sessions from the SLAM, however you **must** begin with Session 1 if you are general applicants.

Classes you may be required to take depending on the age of the child in your care:

- **Basic Care of At Risk Infants** – all providers caring for children 18 months and younger (**Basic Care – Infants**) 6 hours (1 hour lunch); you may take Advanced Care of at Risk Infants class first.
- **Child Passenger Restraint Training**– all providers caring for children 8 years and younger (**CAR**) 2 hours
- **CPR and First Aid** – all providers caring for children 18 months and younger. Due to funding limitations, we can **ONLY** register those who have a current certificate and/or have completed Foundations. Please do **NOT** ask to register children, babysitters or caregivers. (**CPR**) 3 ½ hours

Advanced and continuing classes are also available and posted to the Foster and Adoptive Parent Association (FAAPA) website: <http://faapalane.org/> .



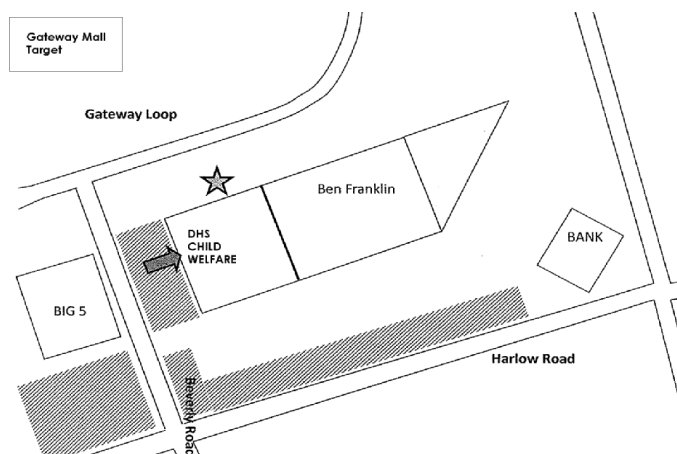
This is the front entrance of the office.



This is the entrance to attend Foundations Trainings. It is on the back of the building, off the alley. **DO NOT PARK IN THE ALLEY.**



Parking is allowed around the perimeter of our parking lot- **please do not park in the center- they will tow.** You may also park in the Big 5’s rear parking lot.



2015 Foundations Training for Caregivers

Sun	Mon	Tue	Wed	Thu	Fri	Sat
January				1 New Year's Day Holiday	2	3
4	5	6 Session 1 6 – 9 pm	7	8 Session 2 6 – 9 pm	9	10 Basic Care Infants 9 – 3 pm
11	12	13 Session 3 6 – 9 pm	14	15 Session 4 6 – 9 pm	16	17
18	19 MLK Holiday	20 Session 5 6 – 9 pm	21 CPR 6:00– 9:30 pm	22 Session 6 6 – 9 pm	23	24
25	26	27 Session 7 6 – 9 pm	28 CAR 6:30– 8:30pm	29 Session 8 6 – 9 pm	30	31
February						
1	2	3	4	5	6 SLAM 1 Part 1: 9-12, 1-4 & 5-8 pm	7 SLAM 1 Part 2: 9-12, 1-4 & 5-8 pm
8 SLAM 1 Part 3: 9-12 & 1-4	9	10	11	12	13	14 Valentine's Day
15	16 President's Day Holiday	17	18	19 Session 1 6 – 9 pm	20	21
22	23	24 Session 2 6 – 9 pm	25 CAR 6:30– 8:30 pm	26 Session 3 6 – 9 pm	27	28

To register, contact Cleo Mapfumo - cleopatra.mapfumo@state.or.us (541)726-6644 x2274.

WE LOVE IT WHEN YOU EMAIL your requests! Include the following information:

- **Your name** and your partner's name if applicable. (no care providers or kids please!)
- **Your phone number and email address** so a confirmation can be sent.
- **The name or number of the session and the DATE** you wish to attend it (ie: Session 4 on 1/15/15)

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 March	2	3 Session 4 6 – 9 pm	4	5 Session 5 6 – 9 pm	6	7
8 Daylight Savings Begins	9	10 Session 6 6 – 9 pm	11	12 Session 7 6 – 9 pm	13	14 Advanced Care -Infants 9 – 3 pm
15	16	17 St. Patrick's Day Session 8 6 – 9 pm	18 CPR 6:00–9:30 pm CAR 6:30– 8:30pm	19	20 Vernal Equinox	21
22	23 SPRING BREAK ~	24	25 4J / SPFLD / BETHEL	26	27	28
29 April	30	31 Session 1 6 – 9 pm	1 April Fools' Day	2 Session 2 6 – 9 pm	3	4
5 Easter	6	7 Session 3 6 – 9 pm	8	9 Session 4 6 – 9 pm	10	11
12	13	14 Session 5 6 – 9 pm	15	16 Session 6 6 – 9 pm	17	18
19	20	21 Session 7 6 – 9 pm	22 Earth Day & Administrative Professionals Day CAR 6:30– 8:30pm	23 Session 8 6 – 9 pm	24	25
26	27	28	29	30		

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
May					1 SLAM 2 Part 1: 9-12, 1-4 & 5-8 pm	2 SLAM 2 Part 2: 9-12, 1-4 & 5-8 pm
3 SLAM 2 Part 3: 9-12 & 1-4	4	5 Cinco de Mayo	6	7 Session 1 6 – 9 pm	8	9
10 Mother's Day	11	12 Session 2 6 – 9 pm	13	14 Session 3 6 – 9 pm	15	16
17	18	19 Session 4 6 – 9 pm	20 CPR 6:00–9:30 pm	21 Session 5 6 – 9 pm	22	23
24	25 Memorial Day Holiday	26 Session 6 6 – 9 pm	27 CAR 6:30– 8:30pm	28 Session 7 6 – 9 pm	29	30
31 June	1	2 Session 8 6 – 9 pm	3	4	5	6
7	8	9 Session 1 6 – 9 pm	10	11 Session 2 6 – 9 pm	12	13 VO Graduation Weekend
14 Flag Day VO Graduation Weekend	15 Summer Solstice VO Graduation	16 Session 3 6 – 9 pm	17	18 Session 4 6 – 9 pm	19	20
21 Father's Day	22	23 Session 5 6 – 9 pm	24	25 Session 6 6 – 9 pm	26	27
28	29	30 Session 7 6 – 9 pm	<u>JULY 1</u> Session 8 6 – 9 pm (holiday weekend)			

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
July			1 <i>Session 8</i> 6 – 9 pm <i>(holiday weekend)</i>	2	3 Independence Day Holiday	4 Independence Day
5	6	7	8	9	10	11
12	13	14	15 CPR 6:00–9:30 pm	16	17	18
19	20	21	22 CAR 6:30– 8:30pm	23	24	25
26	27	28	29	30	31	1
August		4	5	6	7 SLAM 3 Part 1: 9-12, 1-4 & 5-8 pm	8 SLAM 3 Part 2: 9-12, 1-4 & 5-8 pm
9 SLAM 3 Part 3: 9-12 & 1-4	10	11	12	13 Session 1 6 – 9 pm	14	15
16	17	18 Session 2 6 – 9 pm	19	20 Session 3 6 – 9 pm	21	22
23	24	25 Session 4 6 – 9 pm	26 CAR 6:30– 8:30pm	27 Session 5 6 – 9 pm	28	29
30	31					

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
September		1 Session 6 6 – 9 pm	2	3 Session 7 6 – 9 pm	4	5
6	7 Labor Day Holiday	8 Session 8 6 – 9 pm	9	10	11 Patriot Day	12
13	14	15	16 CPR 6:00–9:30 pm	17	18 POW/MIA Recognition Day	19
20	21	22 Session 1 6 – 9 pm	23 Autumnal Equinox CAR 6:30– 8:30 pm	24 Session 2 6 – 9 pm	25	26
27	28	29 Session 3 6 – 9 pm	30	1 Session 4 6 – 9 pm	2	3
October		4	5	6 Session 5 6 – 9 pm	7	8 Session 6 6 – 9 pm
9	10	11	12 Columbus Day	13 Session 7 6 – 9 pm	14	15 Session 8 6 – 9 pm
16	17 Boss's Day	18	19	20	21	22
23 SLAM 4 Part 1: 9-12, 1-4 & 5-8 pm	24 SLAM 4 Part 2: 9-12, 1-4 & 5-8 pm	25 SLAM 4 Part 3: 9-12 & 1-4	26	27	28 CAR 6:30– 8:30 pm (last of 2015, unless there is a need)	29 Session 1 6 – 9 pm
30	31 Halloween					

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
November						
1	2	3 Session 2 6 – 9 pm	4	5 Session 3 6 – 9 pm	6	7
8	9	10 Session 4 6 – 9 pm	11 Veteran's Day Holiday	12 Session 5 6 – 9 pm	13	14
15	16	17 Session 6 6 – 9 pm	18	19 Session 7 6 – 9 pm	20	21
22	23	24 Session 8 6 – 9 pm	25	26 Thanksgiving Day Holiday	27	28
29	30	1	2	3	4	5
December						
6	7	8 Session 1 6 – 9 pm	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25 Christmas Day Holiday	26
27	28	29	30	31 New Year's Eve		

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