

## 2016 Foundations Training for Caregivers

DHS CHILD WELFARE / TIMBER RIDGE ROOM  
1040 HARLOW RD., SPRINGFIELD, OR

Foundation Classes – All General Applicants must begin with Session 1

**Session 1** - Introduction to Foundations - 3 hours

**Session 2** - Importance of Birth Families- 3 hours

**Session 3** - Child Development and the Impact of Abuse- 3 hours

**Session 4** - Sexual Abuse- 3 hours

**Session 5** - Behavior Management- 3 hours

**Session 6** - Valuing the Child's Heritage- 3 hours

**Session 7** – Families Together - 3 hours

**Session 8** – Next Steps for Providers - 3 hours

- Tuesday/ Thursday Night Sessions Begin with Session 1. Sessions alternate between Tuesdays and Thursdays.
- SLAM! It's all 8 sessions, done in order, over 3 days. Register for the entire SLAM or for Sessions you missed.

You may mix the Tues/ Thursday classes with Sessions from the SLAM, however you **must** begin with Session 1 if you are general applicants.

Other Classes you may be required to take:

**Care of At-Risk Infants** – If caring for children 18 months and younger; 6 hours (1 hour lunch)

**Child Passenger Restraint Training**- If caring for children 8 years and younger; (**CAR**) 2 hours

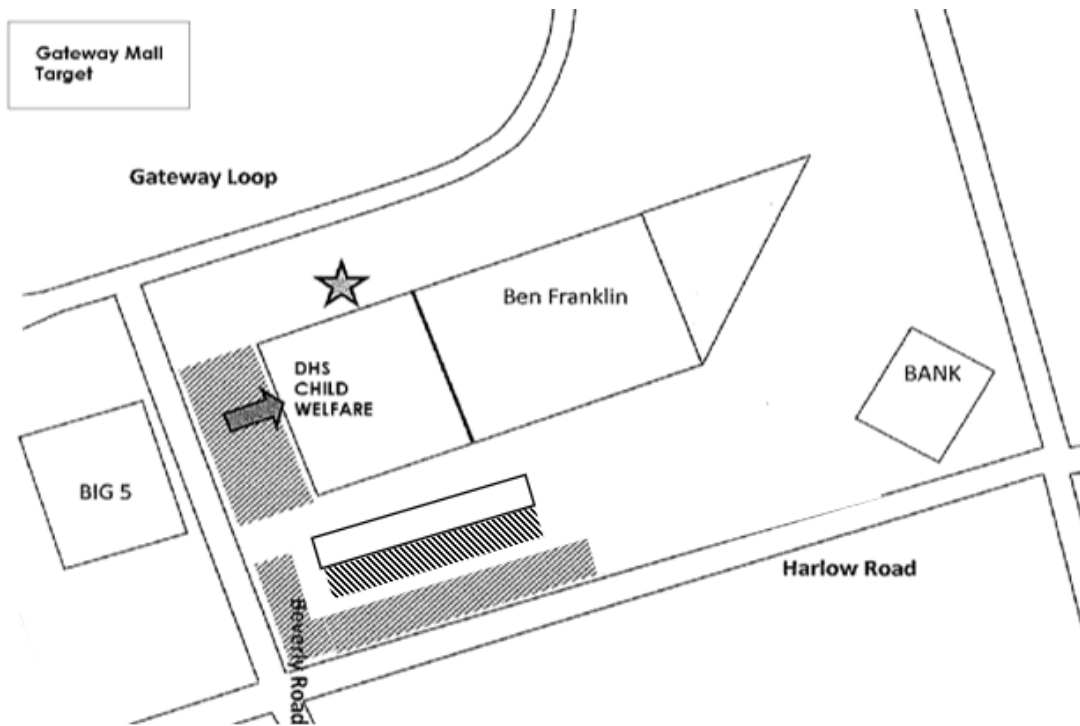
**CPR and First Aid** – If caring for children 18 months and younger. Due to funding limitations, we can ONLY register those who have a current certificate and/or have completed Foundations. Please do NOT ask to register children, babysitters or caregivers. (**CPR**) 3 ½ hours

Contact Cleo Mapfumo - [cleopatra.mapfumo@state.or.us](mailto:cleopatra.mapfumo@state.or.us) (541)726-6644 x2274 to register for classes.

**WE LOVE IT WHEN YOU EMAIL your requests!** Include the following information:

- **Your name** and your partner's name if applicable. (No care providers or kids please!)
- **Your phone number** and **email address** so a confirmation can be sent.
- **The name or number of the session and the DATE** you wish to attend it (ie: Session 4 on 1/15/15)

## 2016 Foundations Training for Caregivers



This is the lobby entrance to DHS.



This is the alley entrance to DHS. **DO NOT PARK IN THE ALLEY!**



**Please park here!** DHS parking spots are on the street side of Beverly and Harlow Roads and on the far side of the middle parking area. Do not park in front of Ben Franklin or other stores in the mall complex. Do not park in the Target or other neighboring business's parking lots – they will tow. On street parking across Harlow Rd is available.

## 2016 Foundations Training for Caregivers

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>January</b>					1 <b>New Year's Day Holiday</b>	2
3	4	5	6	7	8 <b>SLAM 1</b> Part 1: 9-12, 1-4 & 5-8 pm	9 <b>SLAM 1</b> Part 2: 9-12, 1-4 & 5-8 pm
10 <b>SLAM 1</b> Part 3: 9-12 & 1-4	11	12	13	14	15	16
17	18 <b>Martin Luther King Holiday</b>	19 Session 1 6 – 9 pm	20 CPR 6:00- 9:30 pm	21 Session 2 6 – 9 pm	22	23
24	25	26 Session 3 6 – 9 pm	27 CAR 6:30- 8:30pm	28 Session 4 6 – 9 pm	29	30
31 <b>February</b>	1	2 Session 5 6 – 9 pm	3	4 Session 6 6 – 9 pm	5	6
7	8	9 Session 7 6 – 9 pm	10	11 Session 8 6 – 9 pm	12	13
14	15 <b>President's Day Holiday</b>	16	17	18 Session 1 6 – 9 pm	19	20
21	22	23 Session 2 6 – 9 pm	24 CAR 6:30- 8:30pm	25 Session 3 6 – 9 pm	26	27
28	29					

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>March</b>	1 Session 4 6 – 9 pm	2	3 Session 5 6 – 9 pm	4	5
6	7	8 Session 6 6 – 9 pm	9	10 Session 7 6 – 9 pm	11	12
13	14	15 Session 8 6 – 9 pm	16 CPR 6:00- 9:30 pm	17	18	19
20	21	22 <b>SPRING BREAK!</b>	23	24 <b>4J / Springfield / Bethel</b>	25	26
27	28	29	30	31		
	<b>April</b>				1 <b>SLAM 2</b> Part 1: 9-12, 1-4 & 5-8 pm	2 <b>SLAM 2</b> Part 2: 9-12, 1-4 & 5-8 pm
3 <b>SLAM 2</b> Part 3: 9-12 & 1-4	4	5	6	7	8	9
10	11	12 Session 1 6 – 9 pm	13	14 Session 2 6 – 9 pm	15	16
17	18	19 Session 3 6 – 9 pm	20 CAR 6:30- 8:30pm	21 Session 4 6 – 9 pm	22	23
24	25	26 Session 5 6 – 9 pm	27	28 Session 6 6 – 9 pm	29	30

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <b>May</b>	3 Session 7 6 – 9 pm	4	5 Session 8 6 – 9 pm	6	7
8 <b>Mother's Day</b>	9	10	11	12 Session 1 6 – 9 pm	13	14
15	16	17 Session 2 6 – 9 pm	18 CPR 6:00- 9:30 pm	19 Session 3 6 – 9 pm	20	21
22	23	24 Session 4 6 – 9 pm	25	26 Session 5 6 – 9 pm	27	28
29	30 <b>Memorial Day Holiday</b>	31 Session 6 6 – 9 pm				
	<b>June</b>		1	2 Session 7 6 – 9 pm	3	4
5	6	7 Session 8 6 – 9 pm	8	9	10	11
12	13	14	15	16	17	18
19 <b>Father's Day</b>	20	21	22 CAR 6:30- 8:30pm	23	24 <b>SLAM 3</b> Part 1: 9-12, 1-4 & 5-8 pm	25 <b>SLAM 3</b> Part 2: 9-12, 1-4 & 5-8 pm
26 <b>SLAM 3</b> Part 3: 9-12 & 1-4	27	28	29	30		

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## 2016 Foundations Training for Caregivers

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>July</b>				1	2
3	4 <b>Independence Day Holiday</b>	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20 CPR 6:00- 9:30 pm	21	22	23
24	25	26	27	28	29	30
31	<b>August</b>	2	3	4	5 <b>SLAM 4</b> Part 1: 9-12, 1-4 & 5-8 pm	6 <b>SLAM 4</b> Part 2: 9-12, 1-4 & 5-8 pm
7 <b>SLAM 4</b> Part 3: 9-12 & 1-4	8	9	10	11	12	13
14	15	16 Session 1 6 – 9 pm	17	18 Session 2 6 – 9 pm	19	20
21	22	23 Session 3 6 – 9 pm	24 CAR 6:30- 8:30pm	25 Session 4 6 – 9 pm	26	27
28	29	30 Session 5 6 – 9 pm	31			

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## 2016 Foundations Training for Caregivers

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>September</b>			1 Session 6 6 – 9 pm	2	3
4	<b>5 Labor Day Holiday</b>	6 Session 7 6 – 9 pm	7	8 Session 8 6 – 9 pm	9	10
11	12	13	14	15	16 <b>SLAM 5</b> Part 1: 9-12, 1-4 & 5-8 pm	17 <b>SLAM 5</b> Part 2: 9-12, 1-4 & 5-8 pm
18 <b>SLAM 5</b> Part 3: 9-12 & 1-4	19	20	21 CPR 6:00- 9:30 pm	22 Session 1 6 – 9 pm	23	24
25	26	27 Session 2 6 – 9 pm	28	29 Session 3 6 – 9 pm	30	1
<b>October</b>	3	4 Session 4 6 – 9 pm	5	6 Session 5 6 – 9 pm	7	8
9	10	11 Session 6 6 – 9 pm	12	13 Session 7 6 – 9 pm	14	15
16	17	18 Session 8 6 – 9 pm	19	20	21	22
23	24	25	26 CAR 6:30- 8:30pm	27	28 <b>SLAM 6</b> Part 1: 9-12, 1-4 & 5-8 pm	29 <b>SLAM 6</b> Part 2: 9-12, 1-4 & 5-8 pm
30 <b>SLAM 6</b> Part 3: 9-12, 1-4	31 <b>Halloween</b>					

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>November</b>		1	2	3	4	5
6	7	8 Session 1 6 – 9 pm	9	10 Session 2 6 – 9 pm	11 <b>Veteran's Day Holiday</b>	12
13	14	15 Session 3 6 – 9 pm	16 CPR 6:00- 9:30 pm	17 Session 4 6 – 9 pm	18	19
20	21	22 Session 5 6 – 9 pm	23	24 <b>Thanksgiving Day Holiday</b>	25 <b>Offices Closed</b>	26
<b>December</b>		29 Session 6 6 – 9 pm	30	1 Session 7 6 – 9 pm	2	3
4	5	6 Session 8 6 – 9 pm	7	8	9	10
11	12	13	14	15	16	17
18	18	20	21	22	23	24
25 <b>Christmas Day</b>	26 <b>Offices Closed</b>	27	28 CAR 6:30- 8:30pm	29	30	31 <b>New Year's Eve</b>

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