

**From:** Scott Corcoran [scott@afamilyforeverchild.org]  
**Sent:** Thursday, July 18, 2013 4:20 PM  
**To:** scott@afamilyforeverchild.org  
**Subject:** Post-Adoption Resources



Dear

After your child has been placed in your home and the "honeymoon" phase is over, you may be in need of some post adoption resources and support. Your adoption agency, a child's caseworker, former foster parents, and local support groups are all great resources, but here are a few additional ones that families may find helpful.

**1. Helping Foster and Adoptive Parents Cope with Trauma-**The American Academy of Pediatrics has published this guide that will help parents navigate the complex diagnoses that is PTSD. This guide will educate families on the causes and effects of childhood trauma, and help them learn how to handle a child's behaviors in a way that will help the child heal and respond in a more adaptive way to stress. You may view the guide [here](#) (PDF).

**2. Strengthening Your Forever Family: A Step-by-Step Guide to Post-Adoption-**The Dave Thomas Foundation collaborated with Jockey Being Family to come up with this post-adoption resource for families. This guide will outline how to prepare for your child's placement, how to identify, find, seek out and create resources, and more. You may view the guide [here](#).

**3. Model Post-Adoption Resources-**The North American Council on Adoptable Children (NACAC) has a list of articles that will show parents a variety of post-adoption resources that will help their child(ren) along their journey of healing. You may view their list of articles [here](#).

**4. Finding and Using Post-Adoption Resources-**This guide from Child Welfare Information Gateway will outline what types of post-adoption challenges parents may face, what services can help them, what organizations provide those services, how to pay for post-adoption services, and more. You may view the guide [here](#).

The above resources are from [Rita's Blog](#) on the Dave Thomas Foundation Website.

The following are some additional resources you may want to check out:

**1. Northwest Adoption Exchange (NWAEE)-** If you are a family from Oregon, Washington, Alaska, or Idaho, you may want to check out the NWAEE's Northwest Resources for Families page [here](#).

**2. Adopt Us Kids-** Check out the Adopt Us Kids Post-Adoption Resources Page for information on the adoption tax credit, financial subsidies, respite care and support groups, and training and support on parenting post-adoption. You may view the list of resources [here](#).

**3. Adoptive Families-** Visit their foster care adoption resources page for articles about families who have adopted, reading suggestions, and links to some great post-adoption sites. You may view their resources page [here](#).

**4. Beyond Consequences with Heather Forbes, LCSW-** Heather Forbes is a great resource for parents who have children with severe acting out behaviors. Her Beyond Consequences model helps parents who have tried everything, only to have nothing work. You can learn more about Heather (an adoptive parent herself!) and what resources she has to offer [here](#).

**5. Empowered to Connect with Dr. Karyn Purvis-** Karyn Purvis is the director of the TCU Institute of Child Development and a former foster parent. Empowered to Connect provides resources for foster and adoptive parents in the form of articles, and audio and video presentations. You may check out Empowered To Connect's resources [here](#).

Talk with your adoption worker about additional post adoption resources in your area, including support groups.

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