

From: Scott Corcoran [scott@afamilyforeverychild.org]
Sent: Thursday, July 18, 2013 3:54 PM
To: scott@afamilyforeverychild.org
Subject: Suggested Reading from Matching Assistance



Dear ,

We are happy to provide suggested reading material for your review. Please let us know if you have any questions, or would like to share any reading material you feel is helpful to you and your family.

Raising Children who Refuse to be Raised (2000) Dave Ziegler

This book, now in its second printing, is an accumulation of knowledge acquired from the thirty year career of a psychologist/foster parent, and the founder-director of *Jasper Mountain*, Jasper Oregon. This book covers all of the most common serious problems with difficult children and how these children usually have multiple problem areas. You may purchase a copy of the book [here](#).

Nurturing Adoptions: Creating Resilience after Neglect and Trauma, (2007) by Deborah Gray

This book is designed to help placement professionals and therapists whose practices are not focuses specifically on adoption and attachment understand how new research on the impact of neglect, abuse, early trauma, and institutionalization on the developing brains of children can guide their practices in new directions. *Nurturing Adoption's* goal is to help professionals assist parents in healing their children and guiding them into strong and healthy relationships and productive adulthood. You may purchase a copy of the book [here](#).

Attaching in Adoption: Practical Tools for Today's Parents (2002) by Deborah Gray

Attaching in Adoption is a comprehensive guide for prospective and actual adoptive parents on how to understand and care for their adopted child and promote healthy attachment. This classic text provides practical parenting strategies designed to enhance children's happiness and emotional health. It explains what attachment is, how grief and trauma can affect children's emotional development, and how to improve attachment, respect, cooperation and trust. Parenting techniques are matched to children's emotional needs and stages, and checklists are included to help parents assess how their child is doing at each developmental stage. The book covers a wide range of issues including international adoption, Fetal Alcohol Spectrum Disorder, and learning disabilities, and combines sound theory and direct advice with case examples throughout. This book is a must read for anyone interested in adoption and for all adoptive families. It will also be a valuable resource for adoption professionals. You may purchase a copy of the book [here](#).

Is Adoption for You: The Information You Need to Make the Right Choice, Christine Adamec

Would you want to adopt an infant or an older child? What about a child from another country or another race? Would you be willing to adopt a child with medical problems? Could you agree to involvement and openness with the birthmother? Would you be better off working with an agency or an attorney? Before you decide, be sure you have all the facts. Adoption expert and adoptive parent, Adamec, gives you the information you need to make this important decision. From financial considerations to the myriad emotional issues involved, there are numerous questions to explore. *Is Adoption for You* helps you find the answers that are right for you. You may purchase a copy of the book [here](#).

Adopting the Hurt Child: Hope for Families with Special Needs Kids Gregory Keck and Regina Kupecky

This book is an especially helpful resource for those who are working with kids with attachment issues, includes a number of suggestions to help adoptive families form strong attachments, and help the children overcome the trauma of their past. You may purchase a copy of the book [here](#).

Parenting the Hurt Child: Helping Adoptive Families Heal and Grow Gregory Keck and Regina Kupecky

In honest, everyday language, they describe families-in-process—parents helping kids grow beyond difficult beginnings. The authors' model is parent-centered and child-focused. You may purchase a copy of the book [here](#).

The Connected Child: Bring hope and healing to your adoptive family by Karyn Purvis, David Cross & Wendy Sunshine

The adoption of a child is always a joyous moment in the life of a family. Some adoptions, though, present unique challenges. Welcoming these children into your family—and addressing their special needs—requires care, consideration, and compassion. You may purchase a copy of the book [here](#).

Fostering Love: One Foster Parent's Journey by Dr. John Degarmo

Children suffering from abuse, neglect, malnutrition. Even drug-related problems passed on from a mother's addiction. Children rejected by those who were to love them most, their parents. When placed into a foster home, many of these children carry with them the physical and emotional scars that prevent them from accepting the love of another. This journey as a foster parent is the most difficult thing John DeGarmo has done. Through the sleepless nights with drug-addicted babies, the battles with angry teens, and the tears from such tremendous sadness, John DeGarmo learns that to follow God's call in his life means to take up His cross in his own home. *Fostering Love: One Foster Parent's Journey* is the true-life account of his experience as a foster parent, along with his wife and their own three children, as he followed God's call to take foster children into his home. This is a story of heartbreak, sadness, and ultimately love as he came to find God in the tears and smiles of many foster children. You may purchase a copy of the book [here](#).

Hootah's Baby by Joanne Green

Hootah's Baby is an allegorical story about a mother owl whose life-style choices have made it impossible to be an effective mother. The community steps in to ensure the baby's safety. It is not about whether or not the mother loves her baby. It is all about mothering skills and the child's need to be safe. *Hootah's Baby* is a tool to be used to help children of court-ordered relinquishment and/or state custody to understand the complex issues that have led to their current life situation. Helps are included for the adult who reads this book with these children to be able to assist them to open windows of communication that will help them understand basic truths: they are not at fault; the courts are not the bad guys; and their mothers do, in fact, love them. They simply cannot parent any child at that point in their lives. You may purchase a copy of the book [here](#).

It's Heart Work: Being the Village That Raises a Child by Evelyn L. Polk

"It's Heart Work: Being The Village That Raises A Child" is a memoir in which "Ms. Evelyn" shares the joys and pains of counseling, mentoring, parenting, and caring for youth impacted by the circumstances of separation from their biological parents. Her experiences and insights will provide a different perspective and understanding of the mind and "heart set" that underlies the sense of indifference, resistance, anger, and/or rejection they may experience from the children/youth they are reaching out to. She, and some of the youth (now adults) she's worked with, share some of the ways in which she was able to make heart connections which helped them to embrace and channel their pain into dreams; as well as the struggles she endured in loving the sons she brought into her heart and her home. Readers will be able to identify, validate, and learn how to take care of their own emotions and well-being, and not lose their minds or selves in the process of trying to "be the village" that raises a child and loves them through. You may purchase a copy of the book [here](#).

Beyond Consequences, Logic, and Control Vol. 1 by Heather Forbes, LCSW

Beyond Consequences, Logic, and Control lays out the basics of this revolutionary and simple parenting paradigm. Easy to read and filled with practical examples, this book will equip you to start parenting from a place of unconditional love and begin the road to healing with your family. Whether you are parenting your biological, adopted or foster children, the Beyond Consequences relationship model shows how to connect with your children and bring your family peace and healing. You may purchase a copy of the book [here](#).

Beyond Consequences, Logic and Control Vol. 2 by Heather Forbes, LCSW

The second volume of Beyond Consequences, Logic, and Control is an evolution of the first volume; it begins where Volume 1 left off. It offers even more empowering examples and more practical applications. Volume 2 address seven behaviors rooted in fear including poor social skills, demanding behaviors, self-injury, defensive attitudes, no conscience, homework battles, and chores. This book includes current research on the brain and how it effects behavior, giving you scientific explanations of why children misbehave. This isn't just a book just for parents of adopted or foster children. This is a book for all parents who seek to love unconditionally! You may purchase a copy of the book [here](#).

| Additional Suggested Reading: | |
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| <p><i>Twenty Things Adopted Kids Wish Their Adoptive Parents Knew</i> Sheri Eldridge You may purchase a copy of the book here.</p> | <p><i>Raising Resilient Children: Fostering Strength, Hope and Optimism in Your Child</i> (2002) Robert Brooks and Sam Goldstein You may purchase a copy of the book here.</p> |
| <p><i>Attachment Disorder in Children and Families</i> (1998) Terry M Levy and Michael Orlans You may purchase a copy of the book here.</p> | <p><i>Real Parents, Real Children: Parenting the Adopted Child</i> (1994) Holly Van Gulden and Lisa M. Bartels-Rabb You may purchase a copy of the book here.</p> |
| <p><i>Older Child Adoption</i> (1998) Grace Robinson You may purchase a copy of the book here.</p> | <p><i>The Family of Adoption</i> (1998) Joyce Pavao You may purchase a copy of the book here.</p> |
| <p><i>Raising Adopted Children: Practical Reassuring Advice for Every Adoptive Parent</i> (1998) Lois Ruskai You may purchase a copy of the book here.</p> | <p><i>The Whole Life Adoption Book</i> (1993) Jayne Schooler You may purchase a copy of the book here.</p> |
| <p><i>Telling the Truth to Your Adopted or Foster Child: Making Sense of the Past</i> (2000) Betsy Keefer and Jayne Schooler You may purchase a copy of the book here.</p> | <p><i>Beneath the Mask: Understanding Adopted Teens</i> by Debbie Riley and John Meeks You may purchase a copy of the book here.</p> |
| <p><i>The Adoptive & Foster Parent Guide: How to Heal Your Child's Trauma and Loss</i> by Carol Lozier, LCSW You may purchase a copy of the book here.</p> | <p><i>Helping Children Cope with Separation and Loss, Revised Edition</i> by Claudia Jewett Jarrett You may purchase a copy of the book here.</p> |
| | <p><i>The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Frustrated Children</i> by Ross W. Greene You may purchase a copy of the book here.</p> |

This is in no way a complete reading list. To view more titles, please visit our [booklist](#) page.

