

A Family For Every Child
Matching Assistance



*"We should not be asking who this child belongs to,
but who belongs to this child."*

The Family Video

Your video profile plays an important role for both children and caseworkers. A 3-8 minute video profile provides an intimate window into your world. It provides an intimate way for you to communicate why you want to adopt, share the love that you have to offer, and express how a child would change your life.

Creating a video profile takes a few easy steps. Use a video camera, iPhone, or other video device to film yourself sharing a bit about yourself, your family, and why you want to adopt.

General Tips:

- Keep in mind that you do not want to overwhelm a child who may receive your video. It's best to avoid including a lot of extended family and include only the people living in your home. You should also limit yourself to include only one or two pets; otherwise it could send the message that your pets and extended family are more important than the child.
- Avoid filming in front of large windows or with the sun shining too brightly behind the subject.
- Never turn the camera sideways while filming.
- Avoid zooming in or out during a shot.
- Avoid staring directly into the camera; act as naturally as possible.
- If you hold the camera by hand, be sure to hold it as steady as possible.
- Only film the family members that live in the house.

What to talk about:

- Introduce yourself- name, job, etc.
- Talk about your interests, hobbies, etc. If you are a couple, talk about how you met.
- Describe a typical weekday and weekend.
- Explain your motivation to adopt.
- Tell what you want to provide for your future child.
- Talk about how a child would change your life.
- Anything else you want your child to know about you.

What to film:

- Taking a walk as a family or with your dog.
- Making dinner and/or eating dinner as a family.
- A family picnic.
- Going for a hike.
- Playing sports.
- Other hobbies- painting, sewing, baking, etc.

For more video tips and to watch a sample video, please visit our [How to Make a Video](#) page.